

We have been regularly sharing ideas and resources via our Facebook page - <https://www.facebook.com/CalowCofEPrimary/>. In case you don't use Facebook, or have missed our recent posts, here's a selection from the last couple of days:

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♥ Sending out love, support and solidarity to everyone in our Calow C of E Primary School community at this incredibly difficult time. Stay strong, wherever you are, and please call if you need us.

We will keep sending out links, activities and materials which might help those who are away from school, but these are just ideas in case you want to use them - there is no pressure on you to complete everything or to keep up with "normal" schooling. Everyone is in this together, and we will keep in touch. ♥

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We sometimes use Go Noodle at school for short bursts of activity - it was their resource that we used for "Twist and Shout" in assembly for Sport Relief. Now they have provided a new, free resource for use at home. "Good Energy at Home" provides ways for children and families to move and learn together.

- Movement, yoga, and mindfulness videos
- Downloadable curricular activities
- Recommended off-screen home activities

<https://www.gonoodle.com/good-energy-at-home-kids-games-and-videos/?fbclid=IwAR2hmk9JIqew5FMbdr2BRy4R4ytpsFu6QOvaMA1INKQ5ZxSr4fxqUWXd4GEe.com/good-energy-at-home-kids-games-an.../>

Check it out for yourselves, and we hope you find something enjoyable and useful.

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Audible have made hundreds of children's audiobooks available for free, with no sign-in necessary. This is an absolutely fantastic resource, highly recommended. <https://stories.audible.com/discovery>

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Love theatre? Kids into acting, singing and dancing? Maybe they will be, but don't know it yet. Fancy some top-quality entertainment? The West End production of "Wind in the Willows - The Musical" is available for free (or a voluntary donation to Acting for Others) from the London Palladium. <https://www.willowsmusical.com> This would be a great way to snuggle down on the sofa at any point and have a different kind of family TV time. Call it a music lesson, if you like. Or drama. Or whatever.

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We love this idea. A new doodle drawing class streamed live every lunchtime - just grab and pencil and paper and tune in! If you miss the live stream, they're all available on catch-up afterwards. <https://www.kennedy-center.org/education/mo-willems/>

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Really passionate about science? How about signing up to Skype a Scientist? You can literally do just that - ask them questions and chat about any areas of science that interest you. <https://www.skypeascientist.com/for-families.html>

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The World of David Walliams is releasing an audio story from The World's Worst Children every day for the next 30 days!  
Head to [https://www.worldofdavidwalliams.com/elevenses/?fbclid=IwAR0J28NiHwNzSJKUxZQCaUt6w16wRD2qrJui20SyWW7cVDFD\\_izT3XUDVs](https://www.worldofdavidwalliams.com/elevenses/?fbclid=IwAR0J28NiHwNzSJKUxZQCaUt6w16wRD2qrJui20SyWW7cVDFD_izT3XUDVs) each day for the latest story.

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"Stay Home Superheroes" - what a brilliant way to explain to children the vital role they are playing by giving up some of their favourite activities and places. Feel free to read this therapeutic story at home with your families, if you wish. There is also an animated version out there, narrated by the author. Thank you to all our Calow C of E Primary School Stay Home Superheroes - we know it's not easy.

PDF download available from <https://www.sophiesstories.co.uk/stay-home-superheroes>

Animated video: [https://vimeo.com/399256098?1&ref=fb-share&fbclid=IwAR0-VSXFczCXEVt80jEk0zqzyG\\_N\\_OJ4mk07szAlpotzCHAZm1v4dKazEus](https://vimeo.com/399256098?1&ref=fb-share&fbclid=IwAR0-VSXFczCXEVt80jEk0zqzyG_N_OJ4mk07szAlpotzCHAZm1v4dKazEus)

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While most of our children are having to stay away from school, we will be aiming to phone each family every now and then - hopefully around once every two weeks - to say hello, check how everyone is getting on, and see if there is anything we can do to help. You don't have to take our call, but we'd love to speak with you briefly, and it would be great if you could put your child(ren) on the phone to say hi. We are not policing what you're doing, or counting how many activities you've completed - it's purely to stay in touch and be friendly, as we miss all our families who are away. We can't phone you all at once, but we will get round everyone eventually! In the meantime, if there is anything we can help you with, or if you have a problem, concern or question, please feel free to phone us. If nobody answers, please leave a message and we'll get back to you as soon as we can. ♥

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