



'Aiming High
Together'

Calow Church of England (V.C.) Primary School
North Road Calow Chesterfield Derbyshire S44 5BD
Headteacher: Mr D. Sumner



28th February 2020

Allergy Aware School

Dear Parents/Carers,

We have a child in school with a severe multiple nut allergy, and therefore ask you respectfully to ensure that your child does not bring food onto the school site or on school trips which contains nuts. We need to be aware that if someone who has this condition comes into contact with nuts, a product containing nuts, or even a wrapper from such a product, they will suffer a serious and dangerous allergic reaction. It is a real and significant risk; the child has an EpiPen, and staff are trained to administer injections of adrenaline as needed.

The catering service is already nut free, so we are specifically asking for nut free healthy snacks (fruit and vegetables are ideal) and packed lunches please. Products labelled as "May contain traces of nuts" or "Made in a factory where nuts may be present" etc. are fine for other children to eat, as it would be unrealistic to ban all these, especially as many manufacturers seem to err on the side of caution. **However, anything with nuts in the ingredients should not be brought into school or on school trips, as the child does not need to eat the food in order to suffer an allergic reaction.** In particular, please check snack bars and chocolate spread, as these are both very likely to contain nuts, and nut-free alternatives are freely available.

We appreciate that this is an additional thing to check, but hope that you will understand the reasons why we are asking for your cooperation. We cannot completely eliminate the risk in the wider world, but we can all play our part in our school community.

Many thanks.

Kind regards,

Daniel Sumner
Headteacher